

COBNOR ACTIVITIES CENTRE  
WATER ACTIVITIES KIT LIST



The following kit is required for participants to bring on any one day involving water activities:

Check  
List

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- Packed lunch if here for the day
  - Sun cream (factor 20+)
  - Base layers for getting wet e.g. old shorts and t-shirt
  - Change of socks and underwear
  - Footwear e.g. trainers, plimsolls, wetsuit boots  
**NOT** Wellington boots or flip flops
  - Towel
  - Wetsuit - this may be hired from the Centre at £2, per day
  - Change of warm clothing
  - Warm hat and/or sun hat
  - Gloves (optional)
  - Sunglasses
  - Please do not bring any valuables** or good clothing. **MOBILE PHONES and electrical items are not recommended.**