

SAMPLE MENUS

Breakfast

Cereals
Toast & preserves
Cooked: Choice of bacon, sausage, scrambled egg, beans

Packed Lunch

Freshly baked roll with a choice of fillings: Tuna, cheese, ham, jam
Fruit, yoghurt, crisps, chocolate bar

Supper

Sausage, mash & peas
Chicken strips, mash and peas
Cottage pie with mixed veg
Chicken pie with veg and new potatoes
Bolognese pasta bake & garlic bread
Mac 'n' cheese & garlic bread
Build your own burger or hotdog with chips & salad

Apple crumble & custard
Belgian waffles, ice cream and chocolate sauce
Vanilla cheesecake with caramel sauce
Jelly and ice cream

A selection of homemade cakes and traybakes