

A PARENTS' GUIDE TO COBNOR ACTIVITIES CENTRE TRUST

EDUCATIONAL EXPERIENCES TO INSPIRE IN A BEAUTIFUL AND UNIQUE LOCATION



LEARNING OUTSIDE THE CLASSROOM



RESIDENTIAL AND DAY TRIPS

WHY COBNOR ACTIVITIES CENTRE TRUST?

BIG ENOUGH TO DELIVER....

...SMALL ENOUGH TO CARE

With the ability to accommodate 80 people on site, we can offer a bespoke programme to achieve your specified learning outcomes, whilst maintaining safety and enjoyment for all.

LOCATED IN BEAUTIFUL CHICHESTER HARBOUR

An Area of Outstanding Natural Beauty (AONB) and with the South Downs National Park on our doorstep, this allows us to offer a rich mix of both water-based and land-based activities, which enable people to thrive.



EXPERIENCED, LONG-STANDING, HIGHLY QUALIFIED PROFESSIONAL STAFF

We employ staff who hold national governing body qualifications and are the best in their field.



WE UNDERSTAND THE POTENTIAL AND POSITIVE IMPACT OF LEARNING OUTSIDE THE CLASSROOM

- Short to long term educational & development programmes, complementing your formal curriculum & timetable
- Reinforce a positive and focused attitude towards key personal and social skills
- We recognise the fundamental abilities within every young person, to enable them to achieve their full potential





HOW CHILDREN BENEFIT

A POWERFUL, POSITIVE TEACHING TOOL

Learning outside the classroom helps to enhance the social, personal and emotional development of your child , enabling them to develop and grow through learning... and having fun... in an outdoor environment.

ENRICHED CURRICILUM

Linked to learning outcomes

IMPROVED CONFIDENCE

Leading to better behaviour & trust in each other

PERSONAL & SOCIAL DEVELOPMENT

WE CREATE

A positive environment for developing teacher-pupil relationships

WHY CHOOSE A SCHOOL TRIP?

We work with schools to provide fun and engaging activity programmes, which will help support, encourage and engage your children in life-long learning skills.

Our activities enable individuals to build personal skills such as ...

- Resilience
- Self-confidence
- Promote mental health and positive well-being
- Problem solving
- Social interaction

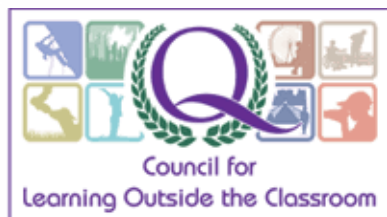


WHO WE ARE

AN INDEPENDENT CHARITY

Based in Chichester Harbour, an Area of Outstanding Natural Beauty (AONB). Our purpose is to provide high quality outdoor experiences to make life better for everyone - and in particular for young people - both on and off the water.

ACCREDITED AND LICENSED TRAINING CENTRE



OUR HISTORY

Youth sailing at Cobnor began in the mid 1950s, thanks to **Martin Beale OBE JP DL**. Martin appreciated that he lived in a very beautiful area and was willing to share the uniqueness of Cobnor and Chichester Harbour with those less fortunate than himself.

In 1963 the Thames Barge, *Pride of Sheppy*, arrived on site and this brought the advent of residential courses at Cobnor.

In 1979 Cobnor Activities Centre Trust was formed.

In 2013 Cobnor Activities Centre became wholly independent.

"We love Cobnor! Friendly staff, great facilities and a fantastic location. Our children (and staff!) always have a wonderful time and it's the reason we come back every year"

Teacher at Churchers College





WE EMPLOY THE BEST IN THE BUSINESS

All our experienced staff are highly qualified in their area of specialty in outdoor activities. We are proud of our staff team, 70% of whom have been with us for three years or more, and many for much longer, so you will always see some familiar faces

**ACCREDITED SAILING &
PADDLESPORTS COURSES**

DINGHY & KEELBOAT SAILING

CANOEING & KAYAKING

RAFT BUILDING

CYCLING SKILLS

ARCHERY

LOW ROPES

PROBLEM SOLVING

CLIMBING WALL

ORIENTEERING

INITIATIVE EXERCISES

AEROBALL

BUSH CRAFT

BEACH COMBING

SUPPORTED BY A PROFESSIONAL TEAM

Our team is on hand to reassure you about your child's trip to Cobnor Activities Centre Trust.

Should you have any further questions, our staff are here to help and are happy to answer any queries or talk about any aspects of your child's trip.



HOW WILL IT LOOK?



“Thank you for my stay at Cobnor. Here are my favourite parts: The kayaking and canoeing; sailing to East Head; archery and racing and building the rafts. I loved my dorm and it was nice and warm. We had the best apple pie in the history of the world!”

Pupil at Westbourne Primary School, July 2019

EXAMPLE OF A 5-DAY RESIDENTIAL

MONDAY	Group 1	Group 2	Group 3	Group 4
1045 - 1100	ARRIVAL AND INDUCTION			
1230 - 1315	LUNCH			
13.15-14.45	Low Ropes	Orienteering	Canoeing	Canoeing
14.45-15.00	BREAK			
15.00-16.30	Climbing	Low Ropes	Kayak	Kayak
Tuesday	Group 1	Group 2	Group 3	Group 4
0915-1045	Problem Solving	Climbing	Low Ropes	Orienteering
1045 - 1100	BREAK			
1100 - 1230	Orienteering	Problem Solving	Climbing	Low Ropes
1230 - 1315	LUNCH			
13.15-14.45	Canoeing	Canoeing	Problem Solving	Climbing
14.45-15.00	BREAK			
15.00-16.30	Kayak	Kayak	Orienteering	Problem Solving
Wednesday	Group 1	Group 2	Group 3	Group 4
0915-1045	Sailing	Sailing	Archery	Aeroball
1045 - 1100	BREAK			
1100 - 1230	Sailing	Sailing	Aeroball	Archery
1230 - 1315	LUNCH			
13.15-14.45	Archery	Aeroball	Sailing	Sailing
14.45-15.00	BREAK			
15.00-16.30	Aeroball	Archery	Sailing	Sailing
Thursday	Group 1	Group 2	Group 3	Group 4
0915-1045	Cycling Skills	Beach Combing	Initiative Games	Bushcraft
1045 - 1100	BREAK			
1100 - 1230	Bushcraft	Cycling Skills	Beach Combing	Initiative Games
1230 - 1315	LUNCH			
13.15-14.45	Initiative Games	Bushcraft	Cycling Skills	Beach Combing
14.45-15.00	BREAK			
15.00-16.30	Beach Combing	Initiative Games	Bushcraft	Cycling Skills
Friday	Group 1	Group 2	Group 3	Group 4
0915-1045	Raft build	Raft build	Raft build	Raft build
1045 - 1100	BREAK			
1100 - 1230	Raft Race	Raft Race	Raft Race	Raft Race
1230 - 1315	LUNCH AND DEPART			

As well as residential trips for schools, we are open ALL THE YEAR ROUND during school holidays and half terms for children and family activities.

“Thank you for running such a brilliant day for us. I can’t think of my best bit, as the whole day was just fantastic!”

Pupil at Boxgrove Primary C of E

“Thank you for a fun action-packed week. Henry had the most fantastic week and will be back again next year, if not before! Thank you to you all.”

Parent, July 2020

ACCOMMODATION

LOG CABIN,
JUBILEE
OR
CAMPING

**SOLE OCCUPANCY,
SAFE WARM &
COMFORTABLE**

Private property, situated at the end of a private drive. Schools will have their own accommodation and will not share with other schools. Teachers sleep in adjacent rooms in the same building.

Log cabin sleeps 40 :

5 cabins of 4 bunks; 2 dormitories of 8 bunks; Mess hall; drying room; professional kitchen

Jubilee sleeps 20

Cabins of 2 bunks; 4 bunks; 6 bunks and 8 bunks

Outside terrace, fully equipped kitchen

**LOG CABIN STAFF
EN-SUITE FACILITIES**

2 staff rooms (sleep 2 in each) with shower and toilet



FOOD

- Professional kitchen
- Fresh, tasty & nutritious meals, cooked from scratch on site for a healthy, active lifestyle
- Special dietary requirements catered for
- Top 5 Rating from Food Standards Agency

HOW TO FIND US

Cobnor Point, Chidham Chichester,
West Sussex
P018 8TE

Coming from the East:

At Chichester take the A259 westbound towards Bosham, until you reach Chidham. Take the left turning into Chidham Lane (50 metres past The Bosham Inn). See below for further directions.

Coming from the West:

At Havant take the A259 Eastbound towards Emsworth. Continue past Nutbourne and take the right turning into Chidham Lane (50 metres before the Bosham Inn).

Chidham Lane:

Continue to bottom of lane (about 1.5 miles) and look out for Cobnor Farm Lane leading on to Cobnor Estate. Drive past the farm and follow signs to Cobnor Activities Centre on the left.

**DON'T FORGET TO GIVE US A CALL
15 MINUTES BEFORE YOU ARE DUE
TO ARRIVE**

OUR STUNNING LOCATION



TELEPHONE

01243 572791

EMAIL

sail@cobnor.com

WEBSITE

cobnor.com