# A PARENTS' GUIDE TO COBNOR ACTIVITIES CENTRE TRUST

EDUCATIONAL
EXPERIENCES TO INSPIRE
IN A BEAUTIFUL AND
UNIQUE LOCATION







# WHY COBNOR ACTIVITIES CENTRE TRUST?

BIG ENOUGH TO DELIVER....

# ...SMALL ENOUGH TO CARE

With the ability to accommodate 80 people on site, we can offer a bespoke programme to achieve your specified learning outcomes, whilst maintaining safety and enjoyment for all.

# LOCATED IN BEAUTIFUL CHICHESTER HARBOUR

An Area of Outstanding Natural Beauty (AONB) and with the South Downs National Park on our doorstep, this allows us to offer a rich mix of both water-based and land-based activities, which enable people to thrive.



We employ staff who hold national governing body qualifications and are the best in their field.

**STAFF** 



# THE POTENTIAL AND POSITIVE IMPACT OF LEARNING OUTSIDE THE CLASSROOM

- Short to long term educational & development programmes, complementing your formal curriculum & timetable
- Reinforce a positive and focused attitude towards key personal and social skills
- We recognise the fundamental abilities within every young person, to enable them to achieve their full potential



### A POWERFUL, **POSITIVE TEACHING TOOL**

Learning outside the classroom helps to enhance the social, personal and emotional development of your child, enabling them to develop and grow through learning... and having fun... in an outdoor environment

### WHY CHOOSE A **SCHOOL TRIP?**

We work with schools to provide fun and engaging activity programmes, which will help support, encourage and engage your children in life-long learning skills.

Our activities enable individuals to build personal skills such as ...

- Resilience
- Self-confidence
- Promote mental health and positive well-being
- Problem solving
- Social interaction

**WE CREATE** 

Unique surroundings and experiential learning develop and promote skills to help young people lead healthy and happy lives.

### **OUTDOOR LEARNING**

Tailored to empower success.

### **IMPROVED CONFIDENCE**

Leading to better behaviour & trust in each other.

## **WHO WE ARE**

### **AN INDEPENDENT CHARITY**

Based in Chichester Harbour, an Area of Outstanding Natural Beauty (AONB). Our purpose is to provide high quality outdoor experiences to make life better for everyone - and in particular for young people - both on and off the water

### **ACCREDITED AND LICENSED TRAINING CENTRE**







### **OUR HISTORY**

Youth sailing at Cobnor began in the mid 1950s, thanks to Martin Beale OBF JP DL. Martin appreciated that he lived in a very beautiful area and was willing to share the uniqueness of Cobnor and Chichester Harbour with those less fortunate than himself.

In 1963 the Thames Barge, Pride of Sheppy, arrived on site and this brought the advent of residential courses at Cobnor.

In 1979 Cobnor Activities Centre

Trust was formed.

In 2013 Cobnor Activities Centre became wholly independent.

"We love Cobnor! Friendly staff, great facilities and a fantastic location. Our children (and staff!) always have a wonderful time and it's the reason we come back every year"

Teacher at Churchers College



## WE EMPLOY THE BEST IN THE BUSINESS

All our experienced staff are highly qualified in their area of specialty in outdoor activities. We are proud of our staff team, 70% of whom have been with us for three years or more, and many for much longer, so you will always see some familiar faces.

# ACCREDITED SAILING & PADDLESPORTS COURSES DINGHY & KEELBOAT SAILING CANOEING & KAYAKING RAFT BUILDING CYCLING SKILLS ARCHERY LOW ROPES PROBLEM SOLVING

### SUPPORTED BY A PROFESSIONAL TEAM

Our team is on hand to reassure you about your child's trip to Cobnor Activites Centre Trust.

Should you have any further questions, our staff are here to help and are happy to answer any queries or talk about any aspects of your child's trip.



# HOW WILL IT LOOK?

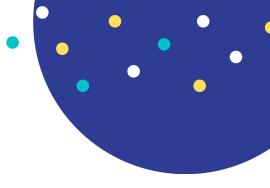


"Thank you for a lovely time. I really enjoyed sailing and canoeing and archery too. I enjoyed sailing because I got to steer and touch the water and I enjoyed canoeing too because I got to explore the sea. I like archery because I got a bullseye!"

Pupil at Boxgrove C of E Primary School Primary School, June 2023

# **EXAMPLE OF A 5-DAY RESIDENTIAL**

Monday	Group 1	Group 2	Group 3	Group 4	
1045 - 1100		Arrival and Induction			
1230 - 1315		Lunch			
1315 - 1445	Low Ropes	Orienteering	Canoeing	Canoeing	
1445 - 1500		Break			
1500 - 1630	Climbing	Low Ropes	Kayak	Kayak	
Tuesday	Group 1	Group 2	Group 3	Group 4	
0915 - 1045	Problem Solving	Climbing	Low Ropes	Orienteering	
1045 - 1100		Break			
1100 - 1230	Orienteering	Problem Solving	Climbing	Low Ropes	
1230 - 1315		Lunch			
1315 - 1445	Canoeing	Canoeing	Problem Solving	Climbing	
1445 - 1500		Break			
1500 - 1630	Kayak	Kayak	Orienteering	Problem Solving	
Wednesday	Group 1	Group 2	Group 3	Group 4	
0915 - 1045	Sailing	Sailing	Archery	Aeroball	
1045 - 1100		Break			
1100 - 1230	Sailing	Sailing	Aeroball	Archery	
1230 - 1315		Lunch			
1315 - 1445	Archery	Aeroball	Sailing	Sailing	
1445 - 1500	Break				
1500 - 1630	Aeroball	Archery	Sailing	Sailing	
Thursday	Group 1	Group 2	Group 3	Group 4	
0915 - 1045	Cycling Skills	Beach Combing	Initiative Games	Camp Craft	
1045 - 1100	Break				
1100 - 1230	Camp Craft	Cycling Skills	Beach Combing	Initiative Games	
1230 - 1315		Lunch			
1315 - 1445	Initiative Games	Camp Craft	Cycling Skills	Beach Combing	
1445 - 1500		Break			
1500 - 1630	Beach Combing	Initiative Games	Camp Craft	Cycling Skills	
Friday	Group 1	Group 2	Group 3	Group 4	
0915 - 1045	Raft Build	Raft Build	Raft Build	Raft Build	
1045 - 1100		Break			
1100 - 1230	Raft Race	Raft Race	Raft Race	Raft Race	
1230 - 1315		Lunch and Depart			



As well as residential trips for schools, we are open ALL THE YEAR ROUND during school holidays and half terms for children and family activites.

"Dear Cobnor staff. I just want to say thank you for all the things we did together. The food was fantastic and the activities were really good!"

Pupil at Hill Park School

"The children loved it and my 7yo daughter, who was adamant in the weeks running up to it that was "not going to go", because she "didn't like sailing" was probably the most enthusiastic of all"



## **FOOD**

- Professional kitchen
- Fresh, tasty & nutritious meals, cooked from scratch on site for a healthy, active lifestyle
- Special dietary requirements catered for
- Top 5 Rating from Food Standards Agency



### **HOW TO FIND US**

Cobnor Point, Chidham Chichester, West Sussex

P018 8TE

### Coming from the East:

At Chichester take the A259 westbound towards Bosham, until you reach Chidham. Take the left turning into Chidham Lane (50 metres past The Bosham Inn). See below for further directions.

### **Coming from the West:**

At Havant take the A259 Eastbound towards Emsworth. Continue past Nutbourne and take the right turning into Chidham Lane (50 metres before the Bosham Inn).

#### **Chidham Lane:**

Continue to bottom of lane (about 1.5 miles) and look out for Cobnor Farm Lane leading on to Cobnor Estate. Drive past the farm and follow signs to Cobnor Activities Centre on the left

DON'T FORGET TO GIVE US A CALL
15 MINUTES BEFORE YOU ARE DUE
TO ARRIVE

# OUR STUNNING LOCATION:



### **TELEPHONE**

01243 572791

### **EMAIL**

sail@cobnor.com

### **WEBSITE**

cobnor.com

