

RYA Youth Stage 1 & Multi Activity Program of Activity

Primary School						
Monday	Group 1 (10+1)	Group 2 (10+1)	Group 3 (10+1)	Group 4 (10+1)	Group 5 (10+1)	Group 6 (9+1)
09:30 - 1100	Arrival - Welcomes, Introductions, fire safety & housekeeping, settle in					
1100 - 1230	Climbing	Archery	Orienteering	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1
1230 - 1315	Lunch					
13.15-14.45	Archery	Orienteering	Kayak	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1
14.45-15.00	Break					
15.00-16.30	Orienteering	Climbing	canoe	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1
1730 -1830	Dinner					
18:30+	Self-led evening activities – Coastal Walk					
Primary School						
Tuesday	Group 1 (11+1)	Group 2 (10+1)	Group 3 (10+1)	Group 4 (10+1)	Group 5 (10+1)	Group 6 (10+1)
08.00-0900	Breakfast					
0915-1045	Problem Solving	Kayak	Climbing	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1
1045 - 1100	Break					
1100 - 1230	Areoball	Canoe	Problem Solving	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1
1230 - 1315	Lunch					
13.15-14.45	Kayak	Areoball	Archery	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1
14.45-15.00	Break					
15.00-16.30	Canoe	Problem Solving	Areoball	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1
1730 -1830	Dinner					
18:30+	Self-led evening activities – Film Night					

Primary School						
Wednesday	Group 1 (11+1)	Group 2 (10+1)	Group 3 (10+1)	Group 4 (10+1)	Group 5 (10+1)	Group 6 (10+1)
08.00-0900	Breakfast					
0915-1045	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Problem Solving	Archery	Orienteering
1045 - 1100	Break					
1100 - 1230	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Bushcraft	Orienteering	Archery
1230 - 1315	Lunch					
13.15-14.45	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Archery	Canoe	Kayak
14.45-15.00	Break					
15.00-16.30	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Areoball	Kayak	Canoe
1730 -1830	Dinner					
18:30+	Self-led evening activities – Fire pit & Marshmallows					

Primary School						
Thursday	Group 1 (11+1)	Group 2 (10+1)	Group 3 (10+1)	Group 4 (10+1)	Group 5 (10+1)	Group 6 (10+1)
08.00-0900	BREAKFAST					
0915-1045	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Canoe	Bushcraft	Climbing
1045 - 1100	Break					
1100 - 1230	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Kayak	Climbing	Bushcraft
1230 - 1315	Lunch					
13.15-14.45	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Raft build	Raft build	Raft build
14.45-15.00	Break					
15.00-16.30	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Sailing - Youth Stage 1	Raft Race	Raft Race	Raft Race
1730 -1830	Dinner					
18:30+	Self-led evening activities – Field games & Talent Show					

Primary School						
Friday	Group 1 (11+1)	Group 2 (10+1)	Group 3 (10+1)	Group 4 (10+1)	Group 5 (10+1)	Group 6 (10+1)
08.00-0900	Breakfast					
0915-1045	Raft build	Raft build	Raft build	Orienteering	Problem Solving	Areoball
1045 - 1100	BREAK					
1100 - 1230	Raft Race	Raft Race	Raft Race	Climbing	Areoball	Problem Solving
12:30-13:15	Goodbyes - Pack up & depart with packed lunches					

Please email charlotte@cobnor.com if you would like to make any changes to the program or call the office **01243 572791** .