

MULTI-ACTIVITY WEEK

EXAMPLE PROGRAMME

MON	Watch 1	Watch 2	Watch 3	Watch 4
0930	Arrival / Team Games / Into Watches			
1030	Canoe		Build Raft / Problem Solving	
1215	Lunch			
1300	Build Raft / Problem Solving		Canoe	
1445	Break / Change			
1500	Race Rafts!			
1600	Pick Up / Departure			
TUE	Watch 1	Watch 2	Watch 3	Watch 4
0930	DAY SAIL		Low Ropes / MTB Skills	Kayaking
1200			Lunch	
1300			Kayaking	Low Ropes / MTB Skills
1600	Pick Up / Departure			
WED	Watch 1	Watch 2	Watch 3	Watch 4
0930	Pico	Climbing / Archery	DAY SAIL	
1200	Lunch			
1300	Climbing / Archery	Pico		
1600	Pick Up / Departure			
THU	Watch 1	Watch 2	Watch 3	Watch 4
0930 1100	Kayaking	Low Ropes / MTB Skills	Pico	Climbing / Archery
1230	Lunch			
1300 1430	Low Ropes/ MTB Skills	Kayaking	Climbing / Archery	Pico
1600	Pick Up / Departure			
FRI	Watch 1	Watch 2	Watch 3	Watch 4
0930	TREASURE HUNT!			
1200	Lunch			
1300	Cobnor Challenge!			
1530	Awards / Prizegiving			
1600	Pick Up / Departure			