

SAMPLE MENUS

Breakfast

Cereals
Toast and preserves
Cooked, e.g. Bacon & egg or Sausage and baked beans
Tea, coffee, Milk or squash

Break

Drink and biscuit

Lunch

Filled roll
Crisps
Chocolate biscuit
Fruit
Yoghurt

Afternoon Snack

Homemade cake or biscuit and a drink

Dinner

Cottage Pie
Lasagne
Roast chicken with trimmings
Sweet and Sour chicken and rice
Chilli and rice

Apple crumble
Mousse and fruit
Jelly & ice cream
Chocolate brownie and ice cream

Supper

Hot chocolate and cake/biscuit

- All meals and cakes are home made
- Drinks are available all day